



Osher Lifelong Learning Institute

Classes & Travel for Adults 50+



svsu.edu/olli | 989-964-4475

Registration
Begins
Wednesday
April 28th at
8:30 a.m.

MAY - JUNE 2021



OLLI Reopening Guidelines

Please read this important information before joining OLLI for a class or trip. Together we can help to minimize any risk to both members and staff and ensure everyone has a memorable experience.

The following guidelines will be required by all members and non-members for classes and trips/local adventures:

- All participants are required to wear face masks
- All participants must observe social distancing
- Participants must observe posted maximum capacity signs on campus
- All participants must fill out the Covid-19 screening form BEFORE participating in an activity. You can find it here: <https://forms.gle/vL3oqAmAb6e8fa2s7>

We look forward to seeing you soon!

New OLLI Identification Policy

All OLLI Members will be required to wear their membership card as their nametag at all times in meetings, classes, on daytrips, and on local adventures. You will receive a lanyard to use with your card. Please keep it and use it for all OLLI events. This policy allows OLLI staff to identify and assist members easily when needed and allows members to get to know each other as well. Non-Members will be given a disposable nametag.

MEMBERSHIP BENEFITS

Monthly Meetings

Members enjoy 10 monthly meetings each year that feature a speaker and a chance to socialize with other members. Guests are welcome to attend one OLLI monthly meeting without charge and experience our program. Those who wish to attend more than one meeting may join OLLI or pay \$10 per meeting. These meetings may be virtual or face-to-face as guidelines permit.

Interest Groups

Interest groups offer a chance to meet on a regular basis with others who share a passion for a sport, social activity, or specific interest. For more information on current 20+ groups and leader information see our website svsu.edu/olli or call our office at (989) 964-4475.

Member Newsletter

Ten monthly electronic copies of *The Adventurer* and bi-monthly emails update members on OLLI programs and other SVSU activities, such as lectures, concerts, and theater productions.

Member Discounts

Classes

OLLI offers unique classes that are all about learning—but without tests, grades, and homework! Classes usually meet two-to-five times for two hours; there are no long-term commitments. Classes may be offered in face-to-face and/or virtual (via Zoom) options as guidelines permit.

Travel

We offer educational and “just plain fun” local adventures, virtual adventures, day trips and multiple-day domestic and international travel opportunities with OLLI members. We generally plan twelve day trips or local adventures per semester and several extended excursions each year. Virtual adventures are offered as guidelines require.

Ryder Center

With proof of your OLLI membership, you can purchase a discounted membership at the Ryder health and fitness center on campus. The current rate for this membership with the OLLI discount is \$150/year. This gives you access to 3 different walking/jogging tracks, full cardio and weightlifting areas, and a pool. Please contact the Ryder Center for current guidelines and regulations.

LOCATION DETAILS

Locations for OLLI Classes

Each class description includes a room number. The letter that precedes the number indicates the building. An abbreviation code follows:

C...Curtiss Hall on Main Campus (11 on map)

GS...Gilbertson South on Main Campus (18 on map)

H...Health and Human Services Building on Main Campus (22 on map)

Castle Museum Morley Room

(500 Federal Avenue, Saginaw)

SVSU Riverfront

(200 S. Washington Ave., Saginaw)

Memorial Park Building in Freeland

(150 Park St., Freeland)

Visit svsu.edu/visit/campusmaps for a full map of campus.

Class Designations

Classes with a “v” as part of the course number are virtual or have a virtual option. Virtual classes will be done via Zoom.

MONTHLY MEETINGS

Wednesday, May 12– Know Yourself: The Importance of Cancer Screening & Genetic Testing

Dr. Neal Bhatt, Ascension

9:30 a.m. via Zoom



Join Dr. Neal Bhatt a radiation oncologist at Ascension for this virtual discussion on cancer screening and genetic testing. Genetic testing is a hot topic and can be used to learn about inherited cancer risk. (This is called predictive genetic testing.) But there are many things to think about before you do it. In this OLLI monthly meeting participants will have a chance to hear from an expert and get all their questions answered.



Wednesday, June 9 –A Summer Concert with Dr. Norman Wika

Mid-Michigan Brass Band

7 p.m. Tittabawassee Township Park Bandshell, Freeland



Join conductor Dr. Norman Wika for an exciting evening of music at this OLLI June meeting. The Mid-Michigan Brass Band is a British-style brass band comprised of around 40 adult and student volunteers that started in 2014. This group has a long history of entertaining the community. OLLI Members are encouraged to bring their own chair, drinks, and snacks and enjoy an evening among friends at this casual and *fun* monthly meeting. The band will narrate along with the songs, so you'll know just what you're hearing. Please register online or at 989-964-4475. Limited to current state gathering guidelines. Masks and social distancing respectfully requested.



CANCELLATION POLICY

Policy for Classes

There is a \$10 cancellation fee. The remainder of the registration fee will remain as a credit on your account or be refunded (minus the cancellation fee) if done more than 1 week before the start of the class. If the university is closed due to weather or other reasons, we will make every reasonable attempt to reschedule missed classes, but no refunds will be given. If you miss class due to COVID or other illness you will be issued the online link or recording if available or you will be issued a credit to your account if done within a week of the start of the class.

Policy for Day Trips

Day trips are non-refundable unless we can fill your spot, in which case you will receive your registration fee, minus a \$10 cancellation fee. If the university is closed due to weather or other reasons, daytrips will go on as scheduled unless you are directly notified of other plans. If you are ill, please contact the OLLI office. Do NOT attend the trip.

Weather Policy

If the campus of SVSU is delayed or closed, OLLI's office and classes will also be delayed or closed accordingly. Missed classes may be rescheduled. Day trips will go on as planned.

Registration Dates and Times

REGISTRATION BEGINS WEDNESDAY, APRIL 28TH AT 8:30 A.M. FOR MEMBERS/NON-MEMBERS

Two Easy Ways to Register

Payment is accepted by credit card or check (in person). We accept Visa, Mastercard, American Express, and Discover. Please do not leave any registration or credit card information on our voicemail. **We care about your security, therefore, we can no longer accept registration by mail.**



Register anytime through our secure website: svsu.edu/oli



Call: 989-964-4475 M-F 8 a.m.-4:30 p.m.

Online Shopping Cart Instructions

1. Log in or create profile before registration opens.
2. Fill the cart with desired offerings beginning at 8:30 a.m. on registration day.
3. Complete check-out and payment process.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
25	26	27	28	29	30	1
2	3 10am - (303) Oil Painting I 10am - (331/331v) Grover 6pm - (315) How to Buy a 9:15pm - (327) Pilates I	4 10am - (81) Dow Walking Tour 6pm - (323a) Cardio Drum	5 11am - (82) Curwood 1pm - (301) Art Appreciation 6pm - (310) How to Get Online	6 10am - (329) Square Dancing 10am - (83) Bay City 1pm - (320) Trendy Jewelry	7 10am - (102) Motorcoach Safety 1pm - (337) Walk with the 3pm - (318v) First Fridays	8
9 MOTHER'S DAY	10 10am - (303) Oil Painting I 10am - (331/331v) Grover 10:30am - (220) Cont. Tai Chi 6pm - (309) Android OS 9:15pm - (327) Pilates I	11 10am - (333/333v) American 10am - (84) Star of the West Mill 6pm - (323b) Cardio Drum	12 9:30am - MONTHLY MEETING 1pm - (301) Art Appreciation 3pm - (87v) Kirkland Warbler 6pm - (311) How to Work with	13 10am - (329) Square Dancing 12:30pm - (324) Beginning Golf 1pm - (320) Trendy Jewelry 3pm - (85v) Lighthouse Ladies	14 10am - (86) Dow Gardens	15
16	17 10am - (303) Oil Painting I 10am - (331/331v) Grover 6pm - (309) Android OS 9:15pm - (327) Pilates I	18 10am - (316v) Blanching and 10am - (333/333v) American 6pm - (323c) Cardio Drum	19 7am - (87) Kirkland Warbler 10am - (332/332v) Battle of the 1pm - (245) Master Mindfulness 1pm - (301) Art Appreciation 6pm - (311) How to Work with	20 10am - (329) Square Dancing 10am - (88) Willi's Make Your 12:30pm - (324) Beginning Golf 1pm - (320) Trendy Jewelry	21 9am - (304) Watercolors I 1pm - (339) Walk with the 2pm - (89) MCFTA	22
23	24 10am - (303) Oil Painting I 10am - (331/331v) Grover 6pm - (312) Social 9:15pm - (327) Pilates I	25 10am - (333/333v) American 6pm - (323d) Cardio Drum	26 10am - (332/332v) Battle of the 10am - (91) Rear Range 6pm - (313) Google Apps	27 10am - (329) Square Dancing 12:30pm - (324) Beginning Golf 1pm - (320) Trendy Jewelry 2pm - (94v) Soo Locks Pretalk	28	29
30 MEMORIAL DAY	31	1 9am - (325) Beginning Strength I 10am - (333/333v) American 10:15am - (326) Continuing 11:30am - (92) Hosta Garden 1pm - (334/334v) French	2 10am - (332/332v) Battle of the 1pm - (319) Sewing Quilted Pot	3 9am - (325) Beginning Strength I 9:30am - (302) Clay 10am - (335) Star Trek 10:15am - (326) Continuing 12:30pm - (324) Beginning Golf 1pm - (320) Trendy Jewelry	4 10:15am - (328) Senior Mat 3pm - (318v) First Fridays	5

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31 MEMORIAL DAY	1 9am - (325) Beginning Strength I 10am - (333/333v) American 10:15am - (326) Continuing 11:30am - (92) Hosta Garden 1pm - (334/334v) French	2 10am - (332/332v) Battle of the 1pm - (319) Sewing Quilted Pot	3 9am - (325) Beginning Strength I 9:30am - (302) Clay 10am - (335) Star Trek 10:15am - (326) Continuing 12:30pm - (324) Beginning Golf 1pm - (320) Trendy Jewelry	4 10:15am - (328) Senior Mat 3pm - (318v) First Fridays	5
6	7 1pm - (336/336v) Ottoman 6pm - (314) Accessibility Tools	8 9am - (325) Beginning Strength I 9:30am - (302) Clay 10:15am - (326) Continuing 1pm - (334/334v) French 6pm - (308) Intro to Apple OS	9 10am - (332/332v) Battle of the 7pm - MONTHLY MEETING	10 9am - (325) Beginning Strength I 9:30am - (302) Clay 10am - (335) Star Trek 10:15am - (326) Continuing 1pm - (321) Jewelry Making	11 10:15am - (328) Senior Mat	12
13	14 1pm - (336/336v) Ottoman 6pm - (307) Cryptocurrency	15 9am - (325) Beginning Strength I 9:30am - (302) Clay 10am - (317v) Low Sugar Jam 10:15am - (326) Continuing 1pm - (334/334v) French 6pm - (308) Intro to Apple OS	16 10am - (330) Medicinal Oils 10am - (340) Walk with the 1pm - (319) Sewing Quilted Pot	17 9am - (325) Beginning Strength I 9:30am - (302) Clay 10am - (335) Star Trek 10:15am - (326) Continuing 12:30pm - (322) Basket Making I 1pm - (321) Jewelry Making	18 9am - (305) Watercolors II 10:15am - (328) Senior Mat	19
20 FATHER'S DAY	21 10am - (306/306v) Economics of 1pm - (336/336v) Ottoman	22 9am - (325) Beginning Strength I 9:30am - (302) Clay 10:15am - (326) Continuing 1pm - (334/334v) French	23 10am - (330) Medicinal Oils 1pm - (319) Sewing Quilted Pot 3pm - (99v) Harbor Springs	24 9am - (325) Beginning Strength I 10am - (335) Star Trek 10:15am - (326) Continuing 1pm - (321) Jewelry Making	25 10:15am - (328) Senior Mat	26
27	28 9:30am - (302) Clay 1pm - (336/336v) Ottoman	29 9am - (325) Beginning Strength I 10:15am - (326) Continuing	30 10am - (330) Medicinal Oils 10am - (338) Walk with the 1pm - (319) Sewing Quilted Pot	1	2	3

ADVENTURES



Below you will find the details for our traditional day trips and “local adventures.” Local adventures join OLLI members together all around the Great Lakes Bay Region to show them the magic of their own backyards. Participants will drive themselves and meet at designated locations for these adventures when you see the symbol to the left. **Other adventures are traditional motorcoach transportation that will leave from SVSU (To be Announced at a Later Date).**

Remember to bring your favorite standard 3.5 mm headphones or earbuds when you see the  symbol which means we will be using our listening devices.

- A reminder email with local adventure details will be sent out to all registered participants at least 24 hours in advance. No letters will be mailed, so please make sure you have an email address on file-if you need help setting one up, please contact the OLLI office.
- No refunds will be given for cancellations unless your spot is filled. If you are unwell the day of the event, please DO NOT attend, but notify the OLLI office.
- Before attending any OLLI adventure, please fill out the COVID-19 screening form available from: <https://forms.gle/CrfoPs5XCNjoPExr6>
- Masks are required to be worn indoors and on the motorcoach, and social distancing maintained whenever possible. Outdoor events require social distancing and optional, but highly recommended, mask use. Check in with OLLI staff immediately when you arrive on campus or at the adventure location.
- All adventures are subject to change with state, local, and university health and safety guidelines.

(102) Motorcoach Safety Session

Join Kyle Hanley from Mitchell Motorcoach to learn how day trips will function with current guidelines regarding motorcoach transportation. OLLI has your safety and health in mind as travel opens up again. Kyle will discuss enhanced cleaning protocols, social distancing guidelines onboard, and mask requirements with a motorcoach onsite at SVSU. Put your worries to rest by getting all your travel concerns and questions addressed *before* you travel.

Friday 5/7 • 10-11 a.m.

Price: Free for members and non-members



(81) Alden B. Dow Walking Tour 

Meet at 315 Post St., Midland (Alden B. Dow Home and Studio)

Lunch at 2600 N. Saginaw Rd, Midland (Entre Amigos)

Throughout the 1950s and sixties, Midland was changing both industrially and demographically. Returning home following his Texas commissions of the 1940s, Alden B. Dow set to work designing homes, schools, churches, banks, office spaces, and even a gas station in the city of Midland. This walking tour will highlight some of Dow’s residential work that would become a large part of Midland’s beautiful, mid-century modern landscape. Participants will learn about some of the clients and the stories behind their homes, connections to Dow, Midland and points beyond. Participants will also see great examples of residential designs by other architects of the area, many of whom worked with Dow and were influenced by him. Participants can expect to walk up to 3 miles on uneven surfaces. After the walking tour, enjoy lunch at Entre Amigos. This local adventure includes guided walking tour and lunch at Entre Amigos.

Tuesday 5/4 • 10 a.m.-2 p.m.

Price: \$55 for members • \$80 for non-members





(82) Owosso Adventure

Meet at 317 Elm Street, Owosso (Wrought Iron Grill)

Tours at 206 Curwood Dr., Owosso (Curwood Castle/Shiawassee Arts Center)

Begin the day with lunch at the Wrought Iron Grill in the historic Woodard Furniture Building. Afterward, meet at Curwood Castle for a guided tour of the Norman chateau replica and home of author James Curwood. From there, participants will join Piper Brewer, executive director of the Shiawassee Arts Center, on a tour of the facility. We will learn about the organization's mission, special collections, exhibitions, and Owosso history. This local adventure includes guided Arts Center tour, guided Curwood Castle tour, and lunch at Wrought Iron Grill.

Wednesday 5/5 • 11 a.m.-3:30 p.m.

Price: \$60 for members • \$85 for non-members



(83) Antique Toy and Firetruck Museum

Meet at 3456 Patterson Rd., Bay City (Firetruck Museum)

Lunch at 3940 Boy Scout Rd., Bay City (Castaways)

Boasting the largest firetruck collection in the world, this quirky Bay City museum is home to over sixty motorized firetrucks. In addition, this museum also houses more than 12,000 antique and collectible toys, with many of these fire, police and rescue vehicles, including the FDNY Super Pumper—the “T-Rex” of fire engines! Toys and models from Tonka, Buddy L, Nylent and Hess are also included in the collection. For all the NASCAR fans out there, one room is dedicated to all things NASCAR! Join OLLI for this unique walking tour, perfect for collectors and the young at heart. After the tour, the group will enjoy lunch at Castaways Restaurant on the river. This local adventure includes guided firetruck and toy museum tour and lunch at Castaways.

Thursday 5/6 • 10 a.m.-2 p.m.

Price: \$50 for members • \$75 for non-members



(84) Star of the West Milling Company Tour

Meet at 121 E. Tuscola St., Frankenmuth (Star of the West Mill)

Lunch at 175 E. Jefferson St., Frankenmuth (Slo' Bones BBQ)

Museum at 613 S. Main St., Frankenmuth (Historical Museum)

Opening in 1870, Frankenmuth's Star of the West Milling Company has provided over 150 years' worth of service to the small town and the country, including roughly 400-million dollars in sales annually. Join OLLI to learn about this historic and still-operating mid-Michigan business, beginning with a brief presentation on the company's history and milling process. After this, participants will enjoy a tour of the mill before going on to lunch at Slo' Bones BBQ Smokehaus. Following lunch, we will tour the Frankenmuth Historical Museum to learn about the history of Mid-Michigan's German town before ending our day. Mill tour involves climbing several flights of stairs. Participants must wear closed-toe shoes and forgo wearing any jewelry. Safety equipment will be supplied by Star of the West. This local adventure includes a guided tour of Star of the West, lunch at Slo' Bones, and a tour of the historical museum.

Tuesday 5/11 • 10 a.m.-1 p.m.

Price: \$50 for members • \$75 for non-members



(85v) Lighthouse Ladies Virtual Adventure

Virtual via Zoom

More than 50 women defied the gender expectation of their time to serve the sailing communities on Lake Huron, Michigan and Superior, as well as on the Detroit River during the active lighthouse keeping era. From Julia Brawn Way, who oversaw the construction of the Saginaw River light, to Eliza Truckey, who assumed responsibility for the lighthouse in Marquette while her husband fought in the Civil War, the stories of Michigan’s “ladies of the lights” are inspiring. Join OLLI and Pat Majher, author and museum professional, to learn about these fascinating women of the water.

Thursday 5/13 • 3-4 p.m.

Price: \$18 for members • \$36 for non-members



(86) Dow Gardens and Canopy Walk

Meet at 1809 Eastman Ave., Midland (Dow Gardens Main Visitor Center)

Whiting Forest Tour at 2203 Eastman Ave., Midland (Whiting Forest Education Center)

Join OLLI to learn about the history of Dow Gardens and Whiting Forest while touring the expansive Midland grounds. The Dow Gardens, first started in 1899 by Herbert and Grace Dow, include interesting and unique architectural and horticultural designs. This guided walking tour will take participants to each major garden area. After the gardens, participants will move on to a history discussion and tour of Whiting Forest, including the orchard and canopy walk. Afterward, enjoy a boxed lunch from the Grand Traverse Pie Company. Guided tours will require approximately 3 miles of walking on hard-surfaced trails and pathways. Please wear weather-appropriate gear and bring a water bottle. This local adventure includes guided tours and entrance to Dow Gardens and Whiting Forest, along with a boxed lunch.



Friday 5/14 • 10 a.m.-Noon.

Price: \$55 for members • \$80 for non-members



(87/87v) Kirkland Warbler and Jack Pine Wildlife Tour

Meet at Camp Rd. near the intersection of M-18 and F-97 (St. Helen Rd.) north of St. Helen

Lunch at 314 W. Houghton Ave., West Branch (Loggers Depot)

Join US Forestry Technician Dana Meder to learn about the population and habitat management of the illusive Kirkland Warbler while seeking out the bird itself. Participants will learn all about the jack pine habitat of the warbler as well as trapping the nefarious cowbird. This day trip includes a virtual pre-trip session to learn about the population and warbler in general, followed by an onsite birding session and lunch at Loggers Depot.



Virtual Session Wednesday 5/12 • 3-4 p.m.

Onsite Session Wednesday 5/19 • 7 a.m.-3 p.m.

Price (including both sessions): \$60 for members • \$85 for non-members

Price (virtual session only): \$18 for members • \$38 for non-members



(88) Make Your Own Jerky and Mural Walk

*Meet at 316 S. Main St., Frankenmuth (Willi's Sausage Company)
Mural tour at 635 S. Main St. (Frankenmuth Visitors Center)*

In use by Native Americans as early as 1550 in South America and later a staple of the American cowboy and pioneer, jerky can be made from a variety of meats and preserves the high protein food almost indefinitely. Join OLLI for a tour of Willi's Sausage Company in Frankenmuth and a chance to make your own jerky while learning about the dried meat's tainted past and snacking on Willi's favorite meats and cheeses. Afterward, enjoy a bratwurst lunch with samples of German beer or local wine. Participants will take home approximately 1.5 pounds of jerky. While participants wait for their jerky to be smoked, they will join muralist Terry Dickinson for a walking tour of a few of his more than 200 murals around Michigan's little Bavaria along with a visit to the Frankenmuth Historical Museum. This local adventure includes talk/tour by Willi's staff, jerky instruction and take-home portion, lunch and guided mural walking tour.



Thursday 5/20 • 10 a.m.-2 p.m.

Price: \$65 for members • \$90 for non-members



(89) Toe-Tappin' Tunes with the Midland Saxophone Quartet

Meet at 1801 W. St. Andrews, Midland (MCFTA)

Take a break from the hustle and bustle to relax and enjoy some fun music with friends at the Midland Center for the Arts. Listen to the melodies and enjoy a drink (choice of beer, wine, or soda) and a charcuterie board small plate; feel free to tap your foot too! This local adventure includes snack, drink, and live music.



Friday 5/21 • 2-4 p.m.

Price: \$25 for members • \$50 for non-members



(91) Saginaw Rear Range Lighthouse Tour

Meet location will be sent before the tour

The Saginaw River lighthouse was built in 1876 to replace the original 1841 lighthouse that had fallen into a state of disrepair. The 55-foot brick tower is built into the keeper's quarters and painted white. For the next 84 years the light guided vessels from Saginaw Bay in Lake Huron to the entrance of the Saginaw River. Range lights were built in pairs to allow ships to align themselves with the center of a channel. The light was deactivated in 1960 and abandoned by the U.S. Coast Guard in 1980. The building was left to deteriorate at the hands of vandals. In 1989 the Dow Chemical Company bought the lighthouse and is working with the Saginaw River Marine Historical Society to restore the structure. Following the tour of the lighthouse, participants will visit the Maritime Museum inside the Bay City Mall before having lunch at Tavern 101. Parking and other event instructions will be emailed prior to the event. This local adventure includes a guided tour of the Saginaw Rear Range Lighthouse by OLLI members Chris Eckerle and Don Comtois, entrance into the Maritime Museum and lunch at Tavern 101.



Wednesday 5/26 • 10 a.m.-1:30 p.m.

Price: \$35 for members • \$60 for non-members



(92) Lisik Gardens and Hosta Tour

Meet at 1445 N. Iva Rd., Hemlock (Lisik residence)

Join OLLI on this local adventure to learn more about these perennial shade lovers with local expert Phil Lisik. Lisik will show off his garden and discuss the varieties and needs of the hardy, long living hosta. A plant lover's dream, the Lisik gardens offer sprawling gardens that participants will want to take their time walking through. The greenhouse also contains some gorgeous plants. This local adventure includes Lisik garden tour, talk on hostas and a boxed lunch.



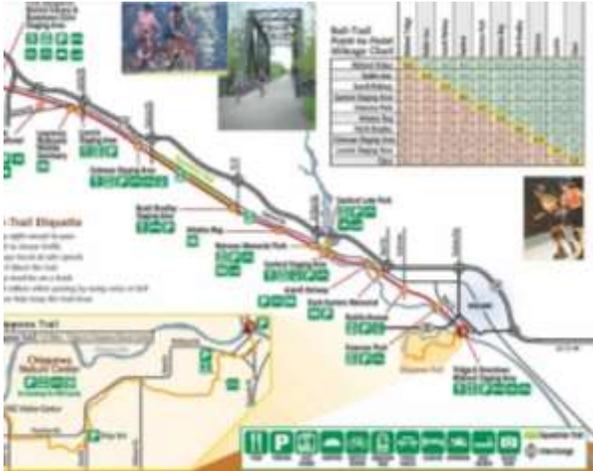
Tuesday 6/1 • 11:30 a.m.-2 p.m.

Price: \$35 for members • \$60 for non-members

CLASSES

Walks with the Warners

Get out and have some fun meeting other OLLI members, enjoying the Michigan summer, and seeing the local trails with OLLI walk leaders and members, John and Lynne Warner. Please wear comfortable walking shoes and sunscreen. Masks are recommended, and required when social distancing is not possible. All paces and abilities welcome.



(337) Pere Marquette Rail Trail Toward Sanford
Meet at 1300 W. Main Street, Midland (Emerson Park-near the hockey rink to the right when entering).

Join John and Lynne Warner for a stroll down the Pere Marquette Rail Trail toward Sanford. If you need a sugar fix, stop halfway for ice cream from the Cottage Creamery to enjoy in their outdoor area (a little over 2 miles in distance. Cost on your own. All items are around \$10 or less).

Friday 5/7 • 1-3 p.m.
Price: Free for members only

(338) Pere Marquette Rail Trail Toward Clare
Meet near 180 3rd Street, Coleman (Coleman Staging Area)

Walkers will leave the Coleman staging area and head toward Clare for as far as the group desires.

[Click to Enlarge Map](#)

Distances and pace vary, so join up to meet someone your own pace and go your own distance. If you're hungry after the walk this location features several area restaurants at which you can grab lunch!

Wednesday 6/30 • 10 a.m.-Noon
Price: Free for members only

(339) Bay County Riverwalk Trail
Meet at the North end of Evergreen Drive, Bay City (Bigelow Park).

This week the Warners will be taking a casual walk north from Bigelow Park. This trail runs near and above the Saginaw River, so it should be a comfortable temperature for an afternoon walk. Masks are required for some parts of this walk where social distancing is not possible (i.e on the walkway over the river).

Friday 5/21 • 1-3 p.m.
Price: Free for members only

(340) BayZil Rail Trail
Meet at 514 Morton St. , Bay City (Coryell Field House).

See some wildlife and get a great view of the Zilwaukee Bridge on this casual walk. The views along this walk will be some of the most beautiful in the area.

Wednesday 6/16 • 10 a.m.-Noon
Price: Free for members only



[Click to Enlarge Map](#)

Art

(301) Art Appreciation Series: European and Mediterranean Ancient Art to the Ancient Greek Culture

Join OLLI and the Marshall M. Fredericks Sculpture Museum staff in this continuing series to dive into the intricacies of European and Mediterranean prehistoric and ancient art. Participants will discuss art from the Aegean, Mesopotamian, Egyptian and Greek Cultures.

Instructor: Andrea Ondish, Marshall Fredericks Sculpture Museum

Wednesdays 5/5, 5/12, 5/19 • 1-3 p.m.

Location: Museum Classroom

Price: \$29 for members • \$52 for non-members

(302) Make Your Own Creations with Clay



Have you always been intrigued with pottery and wished that you could learn how to use a potter's wheel? In this class you will learn how to make your own creations with clay. You'll learn simple forming techniques, how to use the potter's wheel to make ceramic wares and how to use different types of glazes and firing techniques, including raku. No experience is necessary - all you need are a few basic tools (which you will be provided) plus your hands and your boundless imagination. The class price includes a materials fee for glaze materials, firing and clay.

Instructor: Sara Clark, SVSU

Tuesdays and Thursdays • 6/3, 6/8, 6/10, 6/15, 6/17, 6/22, 6/28 (Monday) • 9:30 a.m.-12:30 p.m.

Location: A119

Price: \$125 for members • \$155 for non-members

(303) Oil Painting

Participants will discover their inner artists as they're introduced to various processes and applications of oil paint in this exciting course. Glazing, layering, blending, and other techniques will be discussed and taught during the course of the class. The general subject matter will be still lifes and/or photos from the participant. Discussions will be held during the last fifteen minutes of class to see where everyone is at, what went well, and what can be improved. If learning a new skill, meeting new friends, and creating your own masterpiece sound like fun; this is the class for you! Please download the supply list.

Instructor: Amy Gibas, M.F.A., Studio 23

Mondays • 5/3, 5/10, 5/17, 5/24 • 10 a.m.-1 p.m.

Location: Offsite at Studio 23

Price: \$175 for members • \$195 for non-members

(304/305) Exploring Watercolors Creatively!

Begin or continue your artistic journey painting with watercolors. Our veteran OLLI instructor will share her painting style and techniques with a variety of small studies. These 1-day classes are all about enjoying painting with watercolor! We will do 2 – 3 projects at each workshop playing with a variety of materials including watercolors, gouache, watercolor pencils, water-soluble crayons, and gelatos. Students are welcome to try the various products the instructor will bring to the class, as well as some collage materials available to experiment with. Open to beginner and intermediate painters. Please download the supply list and contact the instructor if you have any questions.

Instructor: Stacie Rose, Veteran Instructor

Fridays • Session One (304): 5/21 Session Two (305): 6/18 • 9 a.m.-4:30 p.m. (half hour break for lunch)

Location: Session One: Museum Classroom Session Two: Castle Museum Morley Room

Price: \$42 for members • \$84 for non-members



Business

(306/306v) Economics of Retirement: Will My Kids or Grandkids Even Have Retirement?

Take a look at a simple solution to retirement fears that has a proven track record on a large scale, and is loved by both conservatives and liberals, especially economists. It protects the poor, rewards the hard-working, doesn't punish the wealthy, uses free-markets to

maximize returns, and is functionally automatic for the clients. This course includes an introduction to the system, discussion, and time for Q&A.

Instructor: *Q. Beckman, Delta College*

Monday • 6/21 • 10 a.m.-Noon

Location: *C129*

Price: *\$21 for members • \$42 for non-members*

Computers and Technology

(307) Cryptocurrency



Have you heard of Flooz, Beenz, or Digicash? Does Bitcoin sound familiar to you? These are all types of cryptocurrency-digital or Virtual currency designed to work as a medium of exchange online. Many of these cryptocurrencies came on the Internet scene during the technology boom of the 1990s and quickly disappeared. However, Bitcoin has been making inroads as an online currency here to stay. In this class learn about cryptocurrency in its various forms and how to use it.

Instructor: *Gary Holik, Veteran Instructor*

Monday • 6/14 • 6-9 p.m.

Location: *C129*

Price: *\$30 for members • \$50 for non-members*

(308) Introduction to the Apple Operating System (iPhone/iPad etc.)

Have you just purchased a new iPhone or iPad and you're lost at how to use it or you want to know more about using the one you have? In this class the instructor will cover the basics: how to download apps, get content, and make participants feel more comfortable with their Apple phone or tablet. This course is great for beginners, but others will learn a trick or two.

Instructor: *Gary Holik, Veteran Instructor*

Tuesdays • 6/8, 6/15 • 6-9 p.m.

Location: *C129*

Price: *\$54 for members • \$74 for non-members*

(309) Introduction to the Android Operating System (Samsung, etc.)

Although iPad is the most popular tablet, there are many other options available which are less expensive and use Google's open source Android operating system. If OLLI friends own one of these devices but don't feel as though their use is at its full potential, than this class is a must! The instructor will cover the basics: how to download apps, get content, and feel comfortable with an Android.

Instructor: *Gary Holik, Veteran Instructor*

Mondays • 5/10, 5/17 • 6-9 p.m.

Location: *C129*

Price: *\$54 for members • \$74 for non-members*



(310) Introduction to the Internet

If you're new to the web or thinking about getting online, this is the class for you! The instructor will cover all the basics, such as internet service providers and internet speed as well as discuss how to surf the web, different types of website addresses, and how to search the internet. ALL OLLI members without internet service or that are new to the net are encouraged to take this course!

Instructor: *Gary Holik, Veteran Instructor*

Wednesday • 5/5 • 6-9 p.m.

Location: *C141*

Price: *\$30 for members • \$50 for non-members*

(311) How to Work with Your Pictures

So you own a digital camera or have a camera on your smart phone--now what? In this class, participants will learn how to edit photos to make them look better, resize them, or even change coloring. The class will discuss strategies for taking great pictures, the best way to store them, and the best and/or easiest way to reproduce them. Bring a camera or phone to class.

Instructor: Gary Holik, Veteran Instructor

Wednesdays • 5/12, 5/19 • 6-9 p.m.

Location: C141

Price: \$54 for members • \$74 for non-members

(312) Social Media/Facebook

Are you afraid of social media? Look no further than this course. If it seems that everybody is using Facebook (except you!), join us and learn how to use Facebook and other social media platforms to communicate and keep in touch with family or connect with friends from the past. Learn how to share photos, "like" a post or page (like OLLI's Facebook page!), and "friend" someone. OLLI uses social media for updates and events, so keep up to date by learning to use it too! Learn how to secure an account as well.

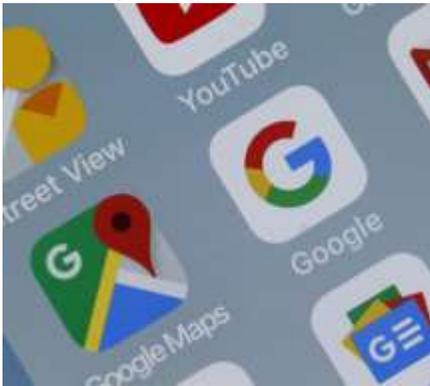
Instructor: Gary Holik, Veteran Instructor

Monday 5/24 • 6-9 p.m.

Location: C141

Price: \$30 for members • \$50 for non-members

(313) Google Apps



Gmail, Google Calendar, GChat, Google Drive...if these terms sound foreign, join OLLI for this session on just what is included within the Google Apps system and how to use them. Providing lower infrastructure costs and services for people and businesses, Google's selection of apps can be used for a variety of work and play, including communication, organization, word processing, storage and more.

Instructor: Gary Holik, Veteran Instructor

Wednesday • 5/26 • 6-9 p.m.

Location: C141

Price: \$30 for members • \$50 for non-members

(314) Accessibility Tools within Windows

Do you have trouble using your computer because of a disability? Windows offers several accessibility tools to make a computer easier to utilize. Magnification, narration, on screen keyboards, and speech recognition are just some of the tools available for the user in need. Join us for this introductory class to learn how to use these tools and more!

Instructor: Gary Holik, Veteran Instructor

Monday • 6/7 • 6-9 p.m.

Location: C141

Price: \$30 for members • \$50 for non-members

(315) How to Buy a Computer

Is it just time to upgrade that dusty desktop? Is a new laptop in the budget? Maybe it's been 5 or more years--what do you even need as far as computing power? Do you know what options are out there? Desktops, laptops, chromebooks, tablets and more will be discussed in this class and suggestions given on what to buy for various uses.

Instructor: Gary Holik, Veteran Instructor

Monday • 5/3 • 6-9 p.m.

Location: C129

Price: \$30 for members • \$50 for non-members



Cooking**(316v) Blanching and Freezing: Save Money and Eliminate Food Waste**

Blanching and Freezing fresh produce is one of the easiest ways to preserve. Enjoy the fresh tastes of summer all year long. Blanching and freezing is also an important way to reduce food waste. Herbs, vegetables, and fruit can be frozen in portion sizes that will work for an individual and specific freezer space. Join this virtual session presented by MSU Extension and begin preserving today!

Instructor: Lisa Trieber, MSU Extension

Tuesday • 5/18 • 10-11 a.m.

Location: Virtual via Zoom

Price: \$18 for members • \$36 for non-members

(317v) Low Sugar Freezer Jam: Enjoy the Berries While They Last!

Fresh berries make the best jam, a sumptuous taste of summer sweetness. Freezer jam tastes great on toast and this low in sugar recipe makes it a little healthier. Even if participants do not have canning equipment, this recipe is easy to put together. Make a batch of jam to share with friends or keep it all for yourself.

Instructor: Lisa Trieber, MSU Extension

Tuesday • 6/15 • 10-11 a.m.

Location: Virtual via Zoom

Price: \$18 for members • \$36 for non-members

(318v) First Fridays: A Culinary Experience

Join OLLI Director and special guests to chat and learn about the art of food and everything else! There will be cooking, drinking, and conversation. Hang out in this virtual session and relax and have fun with friends. During each "First Friday" session, participants will also have a chance at winning a gift that goes along with the event.

Instructor: Katherine Ellison, Ph.D., OLLI Director

Fridays • 5/7, 6/4 • 3-4 p.m.

Location: Virtual via Zoom

Price: Free for members • \$10 for non-members

Crafts and Hobbies**(319) Sewing Quilted Patchwork Potholders**

Have you ever been curious about sewing and quilting but thought it was too complicated to try? Or perhaps you used to enjoy this hobby but your skills are a bit rusty. Come join this fun, basic sewing and quilting class where participants will have the opportunity to create a lovely (and practical!) patchwork pot holder. Participants will learn about fabric and basic sewing construction techniques. Participants will be able to quilt a patchwork pot holder as well as learn how to attach a binding. When the project is complete, participants will have something to be proud of and use over and over again. These also make wonderful gifts! Beginner's welcome, but participants must be able to operate his/her own sewing machine. Participants will need to bring their own sewing machine, scissors, and neutral colored thread. Fabric provided.

Instructor: Deb Bebow, New Instructor

Wednesdays 6/2, 6/16, 6/23, 6/30 • 1-2:30 p.m.

Location: C129

Price: \$85 for members • \$105 for non-members

**(320) Trendy Jewelry: Be the Maker**

Dreaming about wearing the latest and trendiest jewelry? It is fun to watch the changing trends, but it is expensive to be able to wear the trends every season. In this class, participants will look at current jewelry trends, and learn how to design and construct the pieces seen in catalogs, online, and in stores, at a fraction of the cost. Participants will learn simple jewelry making techniques and how to look

at a piece of jewelry and see how it was assembled. In doing that, participants will also check out trendy colors and materials, gain understanding of the tools that work best for the job, and learn to make jewelry that matches a special outfit or to give as a personalized gift. Participants will make and take home at least one trendy, yet professional-looking piece of finished jewelry each week.

Instructor: *Kim Ballor, Veteran Instructor*

Thursdays • 5/6, 5/13, 5/20, 5/27, 6/3 • 1-3 p.m.

Location: C129

Price: \$51 for members • \$71 for non-members

(321) Jewelry Making: The Next Step

Take the next step in designing and making your own jewelry pieces. In this class, participants will increase their jewelry-making repertoire by combining the basic techniques learned in “Trendy Jewelry: Be the Maker,” with additional techniques and materials. The combinations are unlimited! Get professional tips from a long-time jewelry maker that will give hand-made jewelry a more polished look. Participants will make and take home at least one piece of professionally-made finished jewelry each week.

Instructor: *Kim Ballor, Veteran Instructor*

Thursdays • 6/10, 6/17, 6/24, 7/1, 7/8 • 1-3 p.m.

Location: C129

Price: \$51 for members • \$71 for non-members

(322) Basket Weaving

Since the start of time, people from all cultures have woven plant materials together to make baskets for gathering and transporting goods. Now OLLI participants can learn the timeless craft of basket weaving themselves and create their own utilitarian art. A picture of the basket participants will make appears at the right. Liberty Basket, 8” X 2” wide with wooden handle 6” high. Supply fee of \$25 to be paid to the instructor in class - cash or check only.



Instructor: *Sue Collins, OLLI Member*

Thursday: 6/17 • 12:30-5 p.m.

Location: Museum Classroom

Price: \$15 for members • \$35 for non-members

Exercise, Sports, and Fitness

(323abcd) Cardio Drumming

Join OLLI for the ultimate in fun workouts! Jam to the music as participants burn calorie after calorie in this unique cardio workout! Pick up your sticks and be prepared for a great stress relieving workout! Sign up for a single class or sign up for the full session! Please download the supply list or make your own cardio drumkit!

Instructor: *Courtney Piper, New Instructor*

Tuesdays • Single Sessions (323a-d): 5/4(a), 5/11(b), 5/18(c), 5/25(d) • 6-7 p.m.

Location: H143

Price per single session: \$25 for members • \$50 for non-members

Price for the entire series: \$75 for members • \$150 for non-members

(Use Discount Code CARDIO when registering for full series)

(324) Basics and Fundamentals of the Game of Golf



Join Apple Mountain's PGA Pro to learn a game you can play for life--the game of golf. In this OLLI introduction course, participants will learn the basics and fundamentals on putting, chipping, and the full swing. Today an amateur, tomorrow Arnold Palmer.

Instructor: *Chad Maxim, PGA Pro*

Thursdays • 5/13, 5/20, 5/27, 6/3 • 12:30-2 p.m.

Location: Offsite at Apple Mountain

Price: \$99 for members • \$119 for non-members

(325) Beginning Strength Training

Are you ready to be a stronger, fitter you? This strength training class is for anyone considering a stronger, healthier body, but maybe needs some guidance on how to make that happen! Participants can learn in a friendly, supportive, group atmosphere. Strength training increases overall fitness by increasing bone density and muscle mass, both kicking up the calorie burn! This also means decrease in body fat percentage! Participants will use hand weights, machines, bands, stability balls, medicine balls, bosu balls, and bodyweight exercises to keep it both challenging and fun!

Instructor: Anna Vankirk, Veteran Instructor

Tuesdays/Thursdays • 6/1, 6/3, 6/8, 6/10, 6/15, 6/17, 6/22, 6/24, 6/29 • 9-10 a.m.

Location: H143

Price: \$65 for members • \$95 for non-members

(326) Continuing Strength Training

Ready to bring your strength training to the next level? This class is for anyone already strength training but wanting a fun, group class to kick it up a notch. Participants will use hand weights, machines, bands, stability balls, kettle bells, medicine balls, bosu balls, and bodyweight exercises to do circuits and interval training. The class will have fun variations to exercises participants may already be doing too. Get ready for a stronger body and entertaining workout!

Instructor: Anna Vankirk, Veteran Instructor

Tuesdays/Thursdays • 6/1, 6/3, 6/8, 6/10, 6/15, 6/17, 6/22, 6/24, 6/29 • 10:15-11:15 a.m.

Location: H143

Price: \$65 for members • \$95 for non-members



(327/328) Senior Mat Pilates

Ready to improve balance, flexibility, and overall strength? Try out Pilates! Pilates is a great way to improve coordination, body awareness, elasticity, and core strength. Bring a friend, yoga mat, and a positive attitude. Throughout the 4 weeks you will improve your muscle tone, plasticity, and most importantly, balance. You will need your own mat.

Instructors: Tara Bird, New Instructor (Session One), Anna Vankirk, Veteran Instructor (Session Two)

Session One: Mondays • 5/3, 5/10, 5/17, 5/24 • 9:15-10:15 a.m.

Session Two: Fridays • 6/4, 6/11, 6/18, 6/25 • 10:15-11:15 a.m.

Location: H143

Price: \$48 for members • \$78 for non-members

(329) Do Si Do: Beginning Square Dancing



Looking for an exhilarating workout with friends? Looking to keep your mind active as well as your body? Square dancing is the activity you need! Start this beginning square dancing class with a brief overview on the origins and history of this “puzzle” dance with Contra and reels. From there, participants will move on to learn the Virginia reel, various hoedowns and singing calls, including fourteen basic square dance calls. Participants will come away able to identify everyone in their “square” and dance to everything from western to rap. Pairs are encouraged to sign up together, though class registration will be individually priced when registering online. There are 4 people to a square or two couples.

Instructor: Jim Davis, New Instructor

Thursdays • 5/6, 5/13, 5/20, 5/27 • 10-11 a.m.

Location: H143

Price: \$50 per pair (2 members/non-members)

Health**(330) History, Uses, and Applications of Medicinal Essential Oils**

This class is taught by a naturopathic doctor who specializes in essential oils. The instructor teaches this ancient and very powerful approach to health as the instructor at the Naturopathic Institute in Mt. Pleasant. Learn how medicinal quality oils can improve health! The first class covers the history of medicinal oils, how and why plants make essential oils and how to process quality oils. The second class discusses the top 20 essential oils and uses for them. Methods of applications and a hands-on make and take with all participants will be done in the final class.

Instructor: *Jan Doerr, Veteran Instructor*

Wednesdays 6/16, 6/23, 6/30 • 10 a.m.-Noon

Location: C129

Price: \$54 for members • \$74 for non-members

(245) Life Enrichment Through Master Mindfulness

Do you feel stuck and stymied? 2020 has had that effect on so many of us. Let's get past it together! This two-hour class is designed to reset and boost you through the holidays into 2021. We will be exploring options to overcome obstacles, ways to alleviate stress, tweak your diet and discover how to easily begin a mindfulness practice. These alternative lifestyle choices will improve your body, mind, spirit relationship as well as your heart to brain cohesiveness. Feel better. Live happier! (Plus...we will have fun!)

Instructor: *Deb St. Hilaire, Divalution*

Wednesday 5/19 • 1-3 p.m.

Location: C129

Price: \$24 members • \$48 for non-members

History**(331/331v) Rediscovering Grover Cleveland**

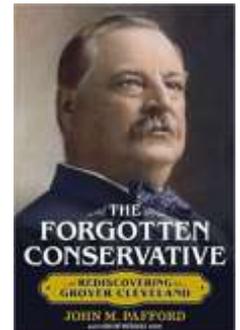
Cleveland was a strong-willed man who did not flinch at challenges to his principles and policies. Providence or luck, depending on one's beliefs, may have contributed to his extraordinary political ascent, but as mayor, as governor, and as president, he mastered his office with single-minded determination, dedication to duty, and absolute integrity. A man of solid Christian faith, honesty, courage, commonsense, and ability, Grover Cleveland deserves to be remembered and hailed as one of the best American presidents. Learn more about this reputable man in this fascinating OLLI session.

Instructor: *John Pafford, Ph.D.*

Mondays • 5/3, 5/10, 5/17, 5/24 • 10 a.m.-Noon

Location: C129

Price: \$27 for members • \$54 for non-members

**(332/332v) Battle of the Atlantic II**

This second half of the Battle of the Atlantic class will cover the Battle of the Atlantic from the United States Declaration of War to the Surrender of Germany. Discussion will cover the U.S. Navy's ill preparedness for war compared to the German U-Boats along with the uses of new devices that were invented to fight the U-boat menace. The battle reached its peak in 1943. The class will conclude with the U-boats becoming the hunted rather than the hunters. Participants need not have taken the first half to take this course.

Instructor: *Jim Reha, OLLI Member*

Wednesdays • 5/19, 5/26, 6/2, 6/9 • 10 a.m.-Noon

Location: C129

Price: \$27 for members • \$54 for non-members

(333/333v) American People, American Wars

This course will look at the major military conflicts in United States history from the beginning through Vietnam. With each conflict participants will look at the lessons to be learned, the positives and negatives, and what those lessons say about Americans as a people. Not a history of battles or tactics, this course will stand back and look at much larger issues. Participants will discuss Americans' origins as settlers in a vast territory and try to see a nexus between who Americans were and how they came to be what we are.

Instructor: Tom Donahue, Veteran Instructor

Tuesdays • 5/11, 5/18, 5/25, 6/1 • 10 a.m.-Noon

Location: C129

Price: \$27 for members • \$54 for non-members

(334/334v) The French Revolution and the Age of Napoleon

Born of political strife, economic depression, and social unrest, the French Revolution ultimately bore the concept of modern democracy. In this course learn about the key elements of the revolution, such as the Reign of Terror and French Revolutionary Wars, along with its creation of the fundamental principles of western democracy. Participants will learn about the Revolution's ideological beginnings in the rebelling colonies in North America to its end on a small island in the South Atlantic.

Instructor: Christina Szilagyi, Veteran Instructor

Tuesdays 6/1, 6/8, 6/15, 6/22 • 1-3 p.m.

Location: C129

Price: \$27 for members • \$54 for non-members

(335) Star Trek and the History of the Future

The instructor will lead the viewing and discussion of episodes of Star Trek in which the Roddenberry Ideal of a positive and humanist future was used to comment on the society of the era. The topic is Neuroatypical People in the Star Trek world. We will watch TNG's "Tin Man," DS9's "Statistical Probabilities," Voyager's "Pathfinder," and TNG's "The Offspring." Remember, "things are only impossible until they're not" so register for this course today!

Instructor: Christina Szilagyi, Veteran Instructor

Thursdays • 6/3, 6/10, 6/17, 6/24 • 10 a.m.-Noon

Location: C129

Price: \$27 for members • \$54 for non-members

**(336/336v) Ottoman Empire I**

Explore the history of the Ottoman Empire from its beginnings through the late Eighteenth Century in this fascinating look at the expansive Ottoman state which controlled much of Southeastern Europe, Western Asia, and Northern Africa between the 14th and early 20th centuries. Participants will discuss the foundations of the Ottoman Empire in 13th century northwestern Anatolia and its most successful sultans, such as Suleiman and Abdul Hamid II, in this first part of the course.

Instructor: Jason Szilagyi, Veteran Instructor

Mondays • 6/7, 6/14, 6/21, 6/28 • 1-3 p.m.

Location: C129

Price: \$27 for members • \$54 for non-members

Two Easy Ways to Register

Payment is accepted by credit card or check (in person). We accept Visa, Mastercard, American Express, and Discover. Please do not leave any registration or credit card information on our voicemail. **We care about your security. Therefore, we can no longer accept registration by mail.**



Register anytime through our secure website: sysu.edu/olli



Call: 989-964-4475 M-F 8 a.m.-4:30 p.m.

Online Shopping Cart Instructions

1. Log in or create profile before registration opens.
2. Fill the cart with desired offerings beginning at 8:30 a.m. on registration day.
3. Complete check-out and payment process.

**REGISTRATION BEGINS WEDNESDAY, APRIL 28TH AT
8:30 A.M. FOR MEMBERS/NON-MEMBERS**