

THE CARDINAL PLAN FOR: **HEALTH SCIENCE**

	FIRST YEAR	SECOND YEAR	THIRD YEAR	FOURTH YEAR
COURSEWORK	Meet with advisor in first semester to determine a three or four semester plan for completing Health Science prerequisites	Follow up with HHS advisor Consider taking spring or summer general education or Health Science courses	Follow course plan as provided for health science major program Make plans for how to complete all general education classes	Follow health science program as outlined Complete all remaining general education courses
GLOBAL VIEWS	Go to International Food Fair in October Attend International Student Night in January	Go to Study Abroad Fair and look at opportunities for Health and Human Services majors Take the HS 336 – Cultural Competence for Health Professionals course	Take upper division electives: International Health Issues, Chronic Illness and Death and Dying	Present your research at a national conference
COMMUNITY ENGAGEMENT	Explore Co-op opportunities through Career Services	Participate in volunteer activities through any student organization	Participate in a service learning project or volunteer in the community	Participate in a service learning project or volunteer in the community
CAMPUS ENGAGEMENT	Take HS 100 in first or second semester to meet other health science majors and Health Science faculty and staff members	Get involved with the Health Science or Emergency Management Association	Become involved in student group activities	Seek leadership positions in Student Organization of your choice
CAREER PREPARATION	Volunteer in a healthcare or human service field	Take CPR for Professional Rescuers Gather immunization records for field experience Research graduate program pre-requisites	Visit Career Services to develop your resume and cover letter	Take Health Science program field experience course (HS 496) Attend HHS Career Fair in November to meet with prospective employers

***A plan for
a successful
college experience.***

BEYOND GRADUATION

What can you do with a Health Science Degree?

The Health Science Degree will prepare you to apply to Medical School, Dental School and other graduate programs including Physicians' Assistant, Dietetics, Pharmacy and Chiropractic.

The Health Science Degree is a pre-professional program, that will provide you the opportunity to meet your specific graduate school application course requirements, while completing health coursework to expand your understanding of the breadth of healthcare services.

