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The Relationship Between Celiac Disease Adhering to a Gluten-Free Diet and Quality of Life

Melissa M. Smith, Melissa M. Smith, PhD, RN, ACNS-BC, Division of Nursing, Aultman College of Nursing and Health Sciences, Canton, Ohio.

Linda Goodfellow, PhD, RN, is Associate Professor, Duquesne University School of Nursing, Pittsburgh, Pennsylvania.

Correspondence to: Melissa M. Smith, PhD, RN, ACNS-BC, Division of Nursing, Aultman College of Nursing and Health Sciences, 2600 Sixth Street SW, Canton, OH 44710 (e-mail: msmith@aultman.com).

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Abstract

In the United States, the prevalence of celiac disease has increased from 1 in 4,600 persons to 1 in 133 persons during the past 10 years. Although celiac disease can be managed by strict adherence to a gluten-free diet, dietary management