October 14, 1997

SVSU tops campaign goal

Citing a strong volunteer base and outstanding community support, campaign officials announced the University surpassed its goal for its Campaign for Distinction. The SVSU Foundation in January of this year made public its plans to pursue an $11 million endowment campaign. The campaign has reached $12.3 million, officials announced. The announcement that the goal had been surpassed — but the campaign will continue — was made during a special reception honoring donors and volunteers at SVSU on Thursday, Oct. 2.

The $12.3 million is the largest ever fundraising venture in the history of the 34-year-old university. Referred to as "intellectual bricks and mortar," the endowments will provide scholarship assistance for current and prospective SVSU students, provide for the recruitment of distinguished faculty, as well as bring distinguished scholars, professionals and artists to the community and the University.

The $12.3 million, including more than $300,000 contributed by SVSU faculty and staff, will fund some 40 new endowments and enhance at least 24 existing endowments at the University.

Robert J. Vitito, chairman and chief executive officer of Citizens Bank and campaign co-chairperson, provided an overview of the campaign's accomplishments.

"Some may ask "what is an endowment — and what can it do for SVSU?" A better question might be "who is an endowment?" for endowments are really about people," Vitito said. "As we look around this room today, we can already see evidence of our enhanced endowment at work."

Present at the Oct. 2 reception was Norb Elbert, SVSU's Harvey Randall Wickes Endowed Chair in International Business, as well as a number of students who benefited through donor enhancements of existing endowments.

William S. Stavropoulos, president and chief operating officer of The Dow Chemical Co. and campaign co-chairperson, cited SVSU's contributions to the region.

"Speaking from a community viewpoint, SVSU is truly an asset to the mid-Michigan area and will reach even greater levels of service to the students and the communities with the new opportunities this campaign has made possible," Stavropoulos said. "Endowments do

(Please continue on Page 2)

Joining with the audience in applauding SVSU’s successful Campaign for Distinction are campaign co-chairs Robert Vitito, Jerome Yantz and William Stavropoulos.
Campaign (Continued from Page 1)

make the difference between a good university and one that has earned a level of distinction.”

Robert J. Walpole, president of Walbro Engine Management Corp. in Cass City, spoke on behalf of SVSU Board of Control, for which he is chairperson.

“As a result of this significant increase in our endowments, many positive benefits are anticipated for the thousands of students and the numerous communities SVSU serves,” Walpole said.

Eric R. Gilbertson, SVSU President, stated, “SVSU has enjoyed exceptional support from the people of this region for over 30 years — and their generosity has again been demonstrated in this campaign. The Campaign for Distinction is truly an investment in one of our region’s strengths — this growing and vital university — and an investment in the future leadership of our region.”

SVSU was aided in its fund-raising efforts by a number of volunteers, including the three campaign co-chairpersons, Jerome L. Yantz, co-chairperson and President of Weinlander Fitzhugh, addressed the work of the volunteers.

“The success of a campaign of this magnitude could not be realized without the very dedicated work of some very important friends of the University. These friends served as our volunteers,” Yantz said.

“The funds will provide exceptional benefits for students and for the communities of this region,” added Charles M. Graham, SVSU’s executive director of development and the SVSU Foundation. “They will assist the University in providing distinctive educational and cultural opportunities.”

The Campaign for Distinction is not fully completed, as initiatives for Alumni and in the Thumb area are still in progress. Other gifts are in the process of being finalized by the staff. Fund-raising efforts will continue throughout 1998, according to Graham.

The $12.3 million raised for SVSU’s Campaign for Distinction is 11 percent beyond the Campaign’s original goal of $11 million. The campaign utilized the services of 100 volunteers and included 525 donors. Of those 525, contributions came from 450 individuals, 65 corporations and 10 foundations.

Endowment provides assistance to “Kantzler Scholars”

It was President Eric Gilbertson’s “vision” for an endowment that convinced the trustees of The Kantzler Foundation to contribute $250,000 for a scholarship to provide financial assistance to Bay County students at Saginaw Valley State University, according to Dominic Monastiere, president of the foundation.

“Eric was specific as he envisioned establishing an endowment to develop young people with leadership talents,” said Monastiere, president and chief executive officer of Chemical Bank Bay Area. “This was a natural next step for SVSU” to focus on faculty and student development.

The Leopold J. Kantzler Endowed Scholarship Fund will provide scholarships to future Bay County area leaders in business, civic and political affairs. It was created and named in honor of Leopold J. Kantzler, a Bay City businessman, investor and landowner. According to the endowment, two full-time undergraduate students per year will receive funds, each renewable for four years. The scholarship recipients will be known as “Kantzler Scholars,” and will be graduates of Bay County high schools. They are to be selected based upon their demonstrated qualities of leadership and good character, past community service and the potential for future community leadership.

“We are excited by the fact there will be an endowment fund in Mr. Kantzler’s name,” Monastiere said. He added that at one time The Kantzler Foundation was the largest foundation in Bay County. It then provided the seed money for a Bay area community foundation, whose total assets now make it the largest Bay County foundation — Mr. Kantzler’s goal.

Monastiere said The Kantzler Foundation looked at the track record of SVSU graduates who stay in the region.

“SVSU educates local people whose intentions are to stay local,” he added. More than 16 percent of SVSU students are from Bay County.

The Kantzler Endowment includes a leadership component, Monastiere said, because it was important to The Kantzler Foundation to see graduates take leadership roles in the business community and the community as a whole to “make it a better place.”

“As I look down the road as an employer, we are looking for employees who are well rounded beyond the academics,” he added.

The Kantzler Foundation was incorporated in 1974. Its activities primarily are designed to support projects and capital improvements of charitable, artistic, educational and cultural organizations.
Walpole reappointed to SVSU Board

Gov. John Engler recently reappointed Robert H. Walpole of Cass City and Traverse City to SVSU’s Board of Control for a term expiring July 21, 2005. Walpole has been a member of SVSU’s governing board since 1992. He is president, Asia-Pacific, for Walbro Corp., Cass City.

Earlier this year Walpole was elected chairperson of the SVSU board. He has served as chair of SVSU’s Foundation Board and has served on the University’s Board of Fellows.

Walpole is past president of the Saginaw Valley Chapter of the International Torch Club and is a member of the board of directors of the Portable Power Equipment Manufacturers Association.

Walpole has served as a member of the Alumni Association Board for Principia College, Elsah, Ill., where he received a bachelor of arts degree in economics. He also holds a master of business administration degree from Washington University, St. Louis, Mo.

Prior to being named president, Asia-Pacific, for Walbro Corp., Walpole served as president and chief operating officer of Walbro Management Corp. and as executive vice president of Walbro Corp.

Walpole has played a key role in Walbro Corp.’s international growth. A designer and manufacturer of precision fuel systems for automotive and small engine markets, Walbro employs 4,700 people in operations throughout the world, including North and South America, Europe and Asia.

Visiting scholar to discuss Cuban Missile Crisis

Thomas G. Paterson, professor of history at the University of Connecticut, will be on campus Oct. 16 through 25 to inaugurate the Dow Visiting Scholars and Artists Program. Paterson is the author of many books and articles on the Cold War. His most recent, Confronting Castro, was published by Oxford University Press in 1994.

Paterson will visit classes in the History and Political Science departments. He also will give a public address at 7:30 p.m., Monday, Oct. 20 in the Rhea E. Miller Recital Hall.

Paterson will discuss “When Fear Ruled: The Cuban Missile Crisis After 35 Years.”

This year marks the 35th anniversary of the Cuban Missile Crisis, regarded by many historians as the most dangerous single moment of the Cold War — when the world came closest to nuclear war. Paterson is a national authority on the history of the Cold War, American-Cuban relations and the diplomacy of the Kennedy Administration.

SVSU students had the opportunity to register for a one-credit history and political science course dealing with the Cuban Missile Crisis. Eric Petersen, professor of history, will instruct the class with Paterson. Paterson will guest lecture in other courses as well. SVSU faculty interested in having Paterson guest lecture may contact Petersen at ext. 4305.

Paterson’s visit is sponsored by the Department of History with support from the Political Science Department. His visit is the first in a series of programs scheduled through the Herbert H. and Grace A. Dow Visiting Scholars and Artists Development Endowment.

Robert Braddock, professor of history, is coordinator of the program. Braddock said he hopes the program will have as many as five guests throughout the year. A second visiting fellow — Edward Golenberg — is scheduled to participate later in the year. Golenberg is one of the first scientists to successfully amplify DNA from fossil material.

Faculty and staff are encouraged to introduce themselves during the Oct. 24 Fourth Friday reception in the President’s reception area. Paterson also will be available to meet with students and faculty informally during a “Dr. Strangelove” party (featuring the film, discussion, pizza and pop) at 7 p.m., Friday, Oct. 17 in the Emeriti Room.

Program Board presents comedian

Steven Wright

Program Board will present comedian Steven Wright at 7:30 p.m. Wednesday, Oct. 15 in the SVSU Performing Arts Theatre. Admission is $10, or $3 for SVSU students with I.D.

Wright’s career includes comedy albums and film and television appearances. His television career started in 1982 with The Tonight Show with Johnny Carson. His film credits include Desperately Seeking Susan, So I Married an Axe Murderer and Oliver Stone’s Natural Born Killers.

For more information, call the Campus Life Center at ext. 4170.
SVSU signs articulation agreements with community colleges

SVSU on Oct. 6 signed articulation agreements with Kirtland Community College and MidMichigan Community College, making transfer from the community colleges to SVSU a smoother process for students.

Each articulation signing took place at the respective community college and included officials from SVSU and the colleges.

Terms of the agreement with Kirtland allow students who complete associate degree programs in criminal justice, elementary education and nursing to transfer credits to SVSU in pursuit of bachelor’s degrees.

At MMCC, the agreement allows students in elementary education and nursing to transfer credits to SVSU.

The agreements clearly outline what transfer students must do to complete a bachelor’s degree at SVSU.

MidMichigan Community College President Ronald G. Verch, during the signing ceremony with SVSU President Eric R. Gilbertson, stressed the value of the agreements for MMCC students.

“This enhances the opportunities for our students,” Verch said. “We gain through the success of our students. We see this (signing) as a building relationship.”

Gilbertson echoed Verch’s comments, adding that the articulation agreements are important to SVSU as well.

“More than half of those who graduate from SVSU with baccalaureate degrees come from somewhere else,” he said. “We are fortunate to be in a region with strong community colleges. The transition is very important.”

Officials at Kirtland Community College also supported the value of the agreements. Richard Silverman, KCC vice president of instruction, said SVSU receives the highest number of transfer requests from KCC students.

Gilbertson added, “It is important for us to invest in these agreements to help make your students our students.”

SVSU continues to work with state community colleges and other universities to ease the transferability between educational institutions.

---

Human Resources invites representatives to campus

- A representative from Valley State Employees Credit Union will be on campus Tuesday, Oct. 21. Faculty and staff are invited to stop by from 9 to 11:30 a.m. in Brown Concourse and from 11:30 a.m. to noon in the Office of Human Resources. For more information, call ext. 4108.

- In conjunction with the October Open Enrollment period, insurance representatives from Blue Care Network, Blue Cross/Blue Shield, Health Plus and MESSA will be on campus Thursday, Oct. 23. The reps will answer questions about their respective medical, dental and vision insurance programs from 9 a.m. to noon in Brown Concourse and from 1 to 2 p.m. in the Office of Human Resources. For more information, call ext. 5669.

- TIAA-CREF will present The Art of Investing: Tips from America’s Experts, a free live satellite teleconference on personal investing from 3 to 4:30 p.m. Tuesday, Oct. 28 in the theatre.

The program will simplify the complex financial world by providing basic principles to follow in making sound investment decisions. Other subjects to be discussed include asset allocation, investment risk and reward, mutual funds and retirement plans.

Viewers will have the opportunity to ask questions during the live interactive call-in segment. For more information on the program, contact Human Resources at ext. 4108.
University Art Gallery hosts works by Hazard and Sealock

“The Metaphysical Image: The Work of Steven Hazard” will be displayed in the University Art Gallery through Oct. 29.

Hazard’s works include prints using techniques of traditional etching to create poetic images that reflect the complexity of our age. Inspired by Northern Renaissance artists such as Durer and Bosch, Hazard’s work displays superb craftsmanship and intricate detail. Originally from Michigan, Hazard now works in New York.

Also on display in the gallery through Oct. 29 is “Robert Sealock: Paintings,” an exhibition of lively paintings that combine monumental geometric forms with densely structural patterns derived from nature and the art of indigenous peoples.

The University Art Gallery is open Mondays and Wednesdays from 11:30 a.m. to 4 p.m., Tuesdays and Thursdays from 1 to 5 p.m. and at other times by appointment. Contact Barron Hirsch at ext. 4391 or Sara Clark at ext. 5684 for more information.

SVSU hosts Family Day

SVSU will host Family Day from 10 a.m. to 5:30 p.m. on Saturday, Oct. 25 in O’Neill Arena. Faculty and staff are invited to enjoy a variety of entertaining events. The cost is $1 for the day; under 12 free. For more information, call the Campus Life Center at ext. 4170.

Country Open House & Antique Sale

Collectibles, decorating, items, antiques and more will be featured from 10 a.m. to 4 p.m. in O’Neill Arena. Admission is $1, children under 12 free.

Aunt Betty’s Kitchen

Ala carté items will be available from 10 a.m. to 3:30 p.m. in O’Neill Arena.

Brunch with the Bunch

Brunch will be served from 11 a.m. to 1 p.m. in Doan Cafe. Tickets may be purchased at the door, adults $5.95, children $2.50. SVSU students may use THECARD to treat the whole family.

Dixieland Non-Stop Cabaret

Free entertainment for the whole family will take place from 11 a.m. to 4 p.m. in O’Neill Arena. Featured performers include the Oehrlein Dancers, noon; Magician Tommy Anderson, 1 p.m.; Sweet Adelines, 2 p.m.; and Smokey & the Bandits Barbershop Quartet, 3 p.m.

Stroll the Mason-Dixon Line

Family fun for “kids” of all ages will take place from 11 a.m. to 4 p.m. in O’Neill Arena.

Cardinal Kids Carnival

Children will have the opportunity to earn tickets for prizes from 10 a.m. to 4 p.m. in O’Neill Arena.

Football Game

The Cardinals will host GVSU at noon in Wickes Memorial Stadium. Admission to the game is free with the Family Day Stamp.

Horse & Buggy Rides

Tours of campus will be available from 11 a.m. to 4 p.m. The horse and buggy loading area will be located behind Ryder Center.

Dixieland Family Dinner & Show

The New Reformation Dixieland Band will perform during a buffet dinner beginning at 5 p.m. in the Banquet Rooms of Curtiss Hall. Dinner tickets are $8 at the door. $7 in advance, children under 10, $3. Reservations are recommended as seating is limited.

Oedipus, The King

The Communication & Theatre Department will present a special performance of Oedipus, The King at 7:30 p.m. in the Performing Arts Theatre. Ticket prices are $5 for adults and $3 for children.

Voices in the Valley features poets

Women of two generations — X and WWII — will team up for October’s “Voices in the Valley” at 7:30 p.m. Tuesday, Oct. 21 in Founders Hall.

Poets Denise Duhamel and Stephanie Strickland will read from their works during the program sponsored by the College of Arts and Behavioral Sciences, with the cooperation of Delta College and The River Junction Poets.

Between them, Duhamel and Strickland have published books with three university presses and four small presses, as well as seven "chapbooks." Both poets have been awarded New York Foundation for the Arts Poetry Fellowships, and Strickland has been awarded National Endowment for the Arts, National Endowment for the Humanities and YMCA Open Voice grants. Duhamel has been given a Puffin Foundation award, a Poets & Writers Exchange Award, and a Barbara Deming "Money for Women" grant.

The two women will read from their works during the presentation. In addition, Strickland will provide a hyper-text demonstration from 11:30 a.m. to 1 p.m., Oct. 21, in 106 Science.

For information, call ext. 4063.
SVSU site of national robotics competition

SVSU will be the site for the 1998 Student Robotics Automation Contest, a national competition that includes approximately 500 high school and college students.

Thomas Kullgren, dean of the College of Science, Engineering and Technology, said SVSU faculty and students also may be involved as judges and support personnel during the two-day event on May 1 and 2.

The Robotics Automation Contest provides students with the opportunity to demonstrate their knowledge and understanding of manufacturing processes and controls through a variety of manufacturing, robotics and automation contests. Students are judged on their application of manufacturing principles and concepts and their ability to solve manufacturing-related problems through a team approach.

The event will include tours of campus and local manufacturing facilities, and a student/instructor social. In 1997, more than 135 teams consisting of 500 students from 14 states participated in the contest.

Shannon discusses stress on Fox 66

Marcia Shannon, assistant professor of nursing, will be the featured guest on WSMH Fox 66 during Mid-Michigan Focus, a program for and about people and issues in the Saginaw Valley.

Shannon will discuss stress, what it is, what causes it and how to survive it. The program will air at 10 a.m., Monday, Oct. 20.

Hosting and producing the show will be Cecilia Jerome, director of Information Services.

Directing the show were Keith Frye, electronic media distribution and production technician for the Zahnow Library, and Brian Mudd, head of audio/visual services for the library.

Festive Flûtée to be performed at SVSU

Flûtée will perform at 3 p.m. Sunday, Oct. 26 in the Rhea E. Miller Recital Hall. General admission is $5, students and seniors $3.

The “Festive Flûtée” concert will open Flûtée’s 10th anniversary season with music for fun and celebration by composers Camille St. Saens, Jean Sibelius, Charles Gounod and Henry Mancini and will feature Flûtée’s latest commission, Flûtée Celebration for piccolo, tenor, alto and bass flutes by New Jersey composer Ricky Lombardo.

Faculty and staff may request complimentary tickets by calling the Music Department at ext. 4159.

CMI offers Internet tips

The Center for Manufacturing Improvement will offer “Get Comfortable on the Internet: A Hands-on Class for the Beginner” from 1 to 3:30 p.m. on Thursday, Oct. 16 in Curtiss Hall. The registration fee is $50 per person.

Participants will be able to recognize a Web address; learn how to use Search Engines and gather information from them, gain an understanding of the common methods for navigating the Web and understand key Web words like browser, home page and linking.

For reservations or for more information, call the Center for Manufacturing Improvement at ext. 4475. Or register on-line at www.cmi-mmnc.com/events.html.

Computer Services offers new antivirus software

Computer Services recently acquired a new microcomputer antivirus package that will be used throughout campus to prevent computer virus infections. The program, “Dr. Solomon’s Antivirus Toolkit,” has versions for DOS, Windows 3.1, Windows 95 and Macintosh.

Computer Services will begin installing the software on microcomputers within the next few weeks. The implementation of this project will proceed slowly, as time permits, until all microcomputers on campus are updated. Faculty and staff will be contacted to establish a time when the package can be installed.

A new type of computer virus — called a “macro virus” — affects users of Microsoft Office and Microsoft Word. Faculty and staff who use these programs on their office microcomputers are requested to contact Computer Services at ext. 4225 for priority service.

For more information on existing antivirus programs, or on the installation of the new program, contact Mark Miller at ext. 5643 or send E-mail to mjm@tardis.svsu.edu.

Dr. Solomon’s Toolkit also will be available free of charge for home use by faculty, staff and students. Contact Computer Services after Nov. 1 to learn how to obtain the program.
SVSU hosts Graduate School Day

SVSU will host graduate school day from 10 a.m. to 3 p.m. on Wednesday, Oct. 15 in Brown Concourse.

Students can meet with representatives of graduate admission programs from Michigan colleges and universities to discuss requirements for admission, selection criteria, application procedures, graduate assistantships, career opportunities and much more. This event is free of charge.

Participating graduate institutions are: Center for Humanistic Studies, Central Michigan University, Detroit College of Law at Michigan State University, Ferris State University, Michigan State University, Northwood University, SVSU, Thomas M. Cooley Law School, University of Detroit Mercy, University of Michigan, University of Michigan-Flint, Wayne State University and Western Michigan University.

For more information, call the Office of Academic and Student Support Services at ext. 4286.

SVSU Polish Students’ Club to host unveiling of sculpture of Kosciuszko

SVSU’s Polish Students Club will host the unveiling of a sculpture of the Polish and American hero, Tadeusz Kosciuszko, at 7 p.m. Monday, Oct. 20 in the Emeriti Room.

The event will include the unveiling of the bas relief sculpture by renowned artist Rita Greve; an address of “Kosciuszko in Polish and American History,” and comments and questions pertaining to Poland in the 1990s. A reception will follow.

The address, “Kosciuszko in Polish and American History,” will be given by Shawn M. Adrian, an SVSU student majoring in history and Polish. Adrian spend the summer semester studying at the University of Poznan, Poland.

Kosciuszko, who is known in history as “The Hero of Two Continents,” fought as a volunteer in the American War of Independence from 1776 to 1781. During that time he earned a reputation for his expertise in fortifications and bravery. The U.S. Congress rewarded Kosciuszko a great deal of money for his services. A strong believer in human equity, Kosciuszko bequeathed all of his wealth to the purpose of emancipating African-Americans.

Between 1793 and 1795 Kosciuszko became a leader in the Polish struggle against Russia, Prussia and Austria. The sculpture will be mounted in the area outside SVSU’s Office of International Programs located on the first floor of Wickes Hall.

For more information contact, Helcia at (517) 865-9803 or Karen at (517) 686-5925.

SVSU criminal justice grad to discuss crime

SVSU will host members of the Tri-County chambers of commerce community leadership programs in Bay, Midland and Saginaw counties on Tuesday, Oct. 21. A fall reception featuring Walt Reynolds, regional director of the Federal Bureau of Investigation for Northeast Michigan, will take place from 4:30 to 6 p.m. in the Emeriti Room.

Reynolds, a 1984 graduate of SVSU’s criminal justice program, will make a brief presentation on how community leaders often are unknowingly affected by crime, especially white collar crime. Reynolds has been a special agent for Attorney General Janet Reno, often accompanying her on assignments throughout the world. He will discuss criminal activities that could be occurring around us, but we might not recognize as “illegal.”

Refreshments will be served and there will be an opportunity to ask questions of Reynolds. There is no charge for the workshop and reception. RSVPs are required, however, to Nola Carvey at ext. 4068.

This is the third program sponsored by SVSU which includes graduates of the three community leadership programs.

Science and mathematics extravaganza to be held at SVSU

Students in grades four through eight are invited to attend the “Science and Mathematics Extravaganza for Kids 4” from 9 a.m. to 2:15 p.m. on Saturday, Oct. 18. The registration deadline is Thursday, Oct. 16. The registration fee includes three sessions, lunch and take-home items.

Students may choose three activity classes from several choices, including Mystery Science Session, LEGO Learning, Leatin’ Freddie the Frog, and others.

To register or for more information contact the Regional Mathematics and Science Center at ext. 4114 or 4121, or send E-mail to mathsci-center@tardis.svsu.edu.
Professional Profile

- Jean Brown and Elaine Stephens, professors of teacher education, have been named the co-coordinators of Part 2 for national conference of the National Council of Teachers of English (NCTE), which will be in Detroit on Nov. 20 to 25. Brown and Stephens recently attended a planning session in Detroit with NCTE officials to prepare for the conference.


- Gary M. Lange, assistant professor of biology, presented a poster paper titled “Influences of Prenatal Androgens on the Development of Paced Sexual Behavior in the Female Rate (Rattus norvegicus)” at the Midwest Regional Animal Behavior Society Conference in Columbus, Ohio, in September.

Across Campus

- The campus community extends condolences to:
  - Ray Flores, custodial specialist, whose step-father, Manuel Martinez, passed away Oct. 5.
  - Joyce MacGregor, Bookstore cashier, whose father-in-law, Alex MacGregor, passed away Sept. 22.
  - Patricia Ann Rae, professor of social work, whose mother, Ruth A. Kinskey, passed away Sept. 25.
  - Congratulations go out to Tony Thomson, personal counselor, and his wife, Joni, on the birth of a son, Trevor Jordan (8 lbs., 3 oz., 21 in.) was born Oct. 2.

Have You Heard?

- Copies of the SVSU Crime Awareness Report for 1996 are available in the Office of Public Safety. For more information, call ext. 4141.

- The next luncheons hosted by the University Club will be Wednesday, Nov. 5 and Thursday, Nov. 6 from 11:30 a.m. to 1:30 p.m. in the Emeriti Room. A salad, bread and meat lunch will be available for $3.95. The event is open to all faculty and staff.

- Personal Counseling Services will be sponsoring events for Alcohol Awareness Week Oct. 20 through 26. Watch for information posted around campus or call ext. 5600 for details.

- Environmental specialists from Consumers Energy have determined that the mineral spill near the corner of North Michigan and Pierce Roads has tested negative for PCB.

- Health Services will sponsor a blood drive Wednesday, Nov. 12 in Brown Concourse. At the Sept. 16 drive, 22 new donors were among the 75 people who gave 59 pints.

- The Department of Communication and Theatre will present Oedipus the King at 7:30 p.m. Oct. 24, 25, 30 and Nov. 1, and at 2 p.m. Oct. 26 and Nov. 2 in the Performing Arts Theatre. Faculty and staff may request complimentary tickets by calling ext. 1936.

- SVSU will observe Investing in Abilities Week with an “Adopt-A-Disability Day” on Wednesday, Oct. 15. Students will adopt a physical disability throughout the day as they attend classes, eat meals, etc. Faculty are invited to attend “Accommodations in the Classroom,” a series of brief presentations followed by questions and answers, which will be from 9 to 10:30 a.m. Friday, Oct. 17 in the student lounge on first floor Zahnow Library.

High Five

- The Women’s Basketball Coaches Association (WBCA) announced its 1997 Academic Top 25 Team Honor Roll, recognizing the nation’s highest NCAA Division II team grade point averages for the 1996-97 season. SVSU women’s basketball team ranked 20th in the country with a team GPA of 3.23.

- SVSU senior linebacker Matt Barghahn has been selected as a 1997 Burger King College Football Scholarship award winner. The University will receive a $10,000 donation in Barghahn’s name to its general scholarship fund. A marketing major who carries a 3.25 GPA, Barghahn is the second Cardinal to be recognized by Burger King. He will be honored at halftime on Oct. 25 when the Cardinals host Grand Valley State University.
The goal of this newsletter is to offer tips to improve your health and your life. The Gettin' Fit Newsletter is the brain child of a campus community that is concerned with your good health. It will be distributed once a month during Fall and Winter semesters. Each of the participating departments will offer a different aspect of health and wellness.

Campus Dining
Curtiss 122, 790-4252
You will be pleased to know it's unnecessary to give up red meat. A three-ounce portion of red meat contains about 70 to 75 milligrams of cholesterol and an acceptable amount of saturated fats. However, you must select lean cuts of meat (those with a minimum of visible fat). Trim away all outside fat from the meat before cooking.

Low Fat Menu
1 Vegetable-Beef Burger 238 cal
4 oz. Herbed Spiced Red Potato 75 cal
5 ea. Asparagus with Lemon Zest 50 cal
Iced Tea 0 cal
Medium Peach 50 cal
Total 413 cal

Campus Recreation Programs
Ryder 226, 791-7321
Stretching and warming up before you do any physically strenuous activity is of utmost importance. By stretching and warming up, you can get your muscles used to the activity that is to come. You can stretch your hamstrings, calves, quadriceps, and groin and hip muscles. To stretch the hamstrings, you can either stand with your feet together and try and touch your feet while keeping your legs straight or you can sit on the ground and put your feet together and reach towards your feet while keeping your legs straight. To stretch the quadriceps, you can stand on one foot, while you bring your other foot up behind you and grasp that ankle and pull upward slightly. To stretch the calf muscles, you can stand on the edge of a step with your toes just resting on the step and then lower yourself down until you can't go any farther. To stretch the groin muscles, you can stand with your feet apart a little more than shoulder width, then lean your body sideways while bending the knee that you are leaning towards. You leave the other foot planted, so that you can feel the stretch in your groin. Also, you can sit down with your knees bent and the souls of your feet facing each other and then grasp your ankles and push on your knees with your elbows until you feel the stretch. To stretch the hip muscles, you kneel down on one knee and push forward with your hips while you lean back with your upper body.

Corporate Challenge
790-5683
For more information on upcoming events, call the above listed number.

Health Services
Wickes 267, 790-4272
Colds and flu are already starting to make their winter rounds. How can you avoid these pesky germs? Most colds and flu are spread by hand contact - not just shaking hands but by handling items touched by someone with a cold. So wash your hands regularly, especially before you eat. If you do get a cold, use disposable tissues only once to avoid reinfecting yourself. Remember you can get the INFLUENZA VIRUS VACCINE, which combats the severe flu that occurs in early winter, starting October 1, for $6.00 in Health Services. It takes two to four weeks for immunity to develop, so be sure to get it before December 1.

Personal Counseling Services
Wickes 175, 790-5600
1) Prescriptions For Emotional Health
1. Deal with one problem that causes emotional stress at a time, and do one thing at a time.
2. Do the best you can about a situation and then don't worry about it.
3. Be assertive and express your feelings honestly.
4. Treat others with the respect you wish for yourself.
5. Be aware of your own needs rather than those inspired by others.
6. Do not view your life as closed in, but realize there are always alternatives.
7. Choose to be well and happy.
8. Remove yourself from your problems. Think about how you will view today, one year from now; five years from now; ten years.
9. Adopt the comic perspective so you can see your problems objectively and laugh at them.
10. Live in the present.
*From the Laughter Prescription by Bill Dana and Dr. Laurence J. Peter

...coming soon! The Physical and Health Education Department will offer valuable tips for fitness.
Board Approves New Master of Science Program

The Board of Control on Monday, Oct. 13 approved a resolution to authorize a master of science program in Technological Processes. The program was approved by the SVSU faculty in March, and by a subcommittee of the Presidents Council of State Colleges and Universities in June.

The program was developed by the College of Science, Engineering and Technology to respond to a need for a graduate program for employed technical professionals. According to the college, there is strong support from industry and members of the Saginaw Valley Manufacturers Association.

According to the college's proposals, "employed technical professionals see a need to access advanced education to improve their performance and to enhance chances for advancement in their professions. The Master of Science in Technological Processes (M.S.T.P.) program is designed to meet the needs of a variety of technical professionals employed in the public and private sectors."

The goal of the M.S.T.P. program is to provide the technical professional with the skills, knowledge and experience to be more effective and productive, and to be eligible to advance within the modern technical workplace. The M.S.T.P. program consists of 33 credit hours. In addition, the student must complete a field project designed in consultation with and guided by a faculty advisor and a representative from the sector most closely related to the subject of the field project.

The M.S.T.P. program was developed over an 18-month period by a committee of faculty from the College of Science, Engineering and Technology and the College of Business and Management.

"In the spirit of an interdisciplinary program, full-time faculty from a number of academic departments in the two colleges will develop courses and teach in the program. Elective courses will also be offered by faculty in the College of Arts and Behavioral Sciences. Adjunct faculty will be lead instructors in about three required courses where industrial or government experience is important to accomplish course objectives," according to the proposal.

Each required course in the program will be offered only once annually and in the evenings or on weekends.

As many as 25 new part-time students can be offered admission each fall and winter semesters for a total program enrollment of 100 students at any given time. During program start-up, it is anticipated just 15 students will be admitted each semester for a total enrollment of 60. The program will open with the first class of student in Fall 1998.

In other Board action:

- three new members were appointed to the SVSU Board of Fellows. Timothy J. Dijak, Thomas E. McIntyre and Mark H. Gettel were approved for four-year terms.
- The annual financial audit for the 1996-97 fiscal year was approved.
- Authorization was given to borrow funds from Michigan National Bank to meet temporary cash flow deficits. The Board OK'd borrowing up to $2.5 million on a "line-of-credit" basis. President Eric Gilbertson said the request is a standard annual action of the board as a precautionary measure for the University.
Gilbertson said the line of credit was last used in the early 1980s.

• Confirmation of board members was given for previously authorized charter schools. Three new board members were appointed to the Cesar Chavez Academy; one each to Chatfield School, Detroit Community High School and New Directions Institute; and two to the Michigan Health Academy. Board members were reappointed to New Directions (two) and Northwest Academy (one).

• A report on campus housing and the Fall 1997 figures was given, as well as an update on accreditation.

• Shawnette Moll, president of the Student Association, updated the Board on student events and activities.

• Alumni Association officers were introduced: Cynthia Morley (’80 & ’90), president; Kristen Wenzel (’93), vice president; and Jean George (’82), secretary.